



SIU STUDENT SUCCESS GUIDE

MASTER COLLEGE WITH SALUKI PRIDE

1 Go to Class – Every Time



Start strong
and stay strong.
Attendance builds
discipline and
knowledge.

3 Sit in the T-zone



See & hear better,
connect with
professors, and
stay focused
with fellow Salukis.

5 Beat Procrastination



Schedule tasks
into small goals,
time your sessions,
and reward
yourself with breaks

7 Sleep Eat Move



Fuel your brain
and boost
performance
with rest,
healthy habits
and exercise

2 Prepare Participate • Review



Preview the topic before class,
engage actively, then review your
notes afterward

4 Build Faculty Relationships

Faculty can develop
into mentors.
Cultivate connections –
your mentors can help
with scholarships,
internships, and research



6 Know Your Peak Study Time

Are you a morning
or night person?
Study smart –
when your mind's
in gear



SIU Carbondale